

# KIDS CLINICAL GUIDELINE - NEUROSURGICAL EMERGENCY TRANSFER

CONSIDER RAISED ICP -> Reduced GCS, focal neurological deficit, unequal or dilated pupils, relative bradycardia & hypertension, seizures, abnormal posture

If present, commence resuscitation as below and inform anaesthetic team ASAP. Alert radiology of a patient requiring urgent CT brain. Call KIDS on 0300 200 1100 - A conference call will be set up with the KIDS Consultant, Neurosurgeons and other relevant parties. If head injury Activate Trauma Team where local provision exists.

Time critical emergencies will require a primary transfer by the referring team!

#### INITIAL ASSESSMENT AND MANAGEMENT

# **AIRWAY & BREATHING (AVOID HYPOXIA!)**

- Assess and maintain airway patency
- Seek senior anaesthetic support early
- Assess adequacy of ventilation and support with bag & mask if necessary

## **Criteria for intubation:**

- Loss of airway reflexes
- GCS ≤ 8
- Signs of raised ICP 'Blown' pupil, ↑BP ↓HR
- Respiratory insufficiency or spontaneous hyperventilation ( $CO_2 \le 3.5$ )

# TRAUMA PATIENTS REQUIRE CONTINUOUS C-SPINE IMMOBILISATION (Do not use cervical collars!)

#### **POST - INTUBATION:**

- Secure ET tube using tapes (click for description)
- Sedate and paralyse with Morphine, Midazolam (>6 months) and Rocuronium – see calculator
- Ensure PaCO<sub>2</sub> 4.5-5.0 kPa & PaO<sub>2</sub> 10-12kPa
- Monitor End-Tidal CO<sub>2</sub>
- Keep PEEP at 5cm H<sub>2</sub>O where possible
- Maintain 30° head up tilt
- PERFORM URGENT CT BRAIN and discuss result

### INITIAL ASSESSMENT AND MANAGEMENT

### **CIRCULATION (AVOID HYPOTENSION!)**

- Continuous ECG and SpO<sub>2</sub> monitoring
- Cycle NIBP every at least every 3 minutes
- Insert IV access x 2
- Consider invasive BP monitoring
- Do not delay CT to insert lines

Use mean arterial pressure targets as shown below:

AGE	TARGET MBP
<2	60-65 mmHg
2-6	70-75 mmHg
>6	80-85 mmHg

Fluid boluses: 10 mls/kg 0.9% Saline

**Inotropes** may be needed to maintain MAP – <u>seek KIDS</u> advice.

**Bleeding** trauma patients require blood products – <u>see</u> guidance

#### **DISABILITY & EXPOSURE**

- Perform 15 minute neurological observations
- Maintain normothermia and normoglycaemia
- Keep Hb > 10g/dL and correct coagulopathy
- Give phenytoin 20 mg/kg
- If open fracture, give IV antibiotics

#### **ACUTELY RAISED ICP - EMERGENCY TREATMENT**

(e.g. unequal or\_dilated unreactive pupil,  $\uparrow$ BP  $\downarrow$ HR)

- Ensure all routine measures as opposite are instituted (e.g. well sedated, 30° head up)
- Give osmotherapy:
  - o 3 mls/kg of 3% Saline or
  - o 2.5 mls/kg of 20% Mannitol over 15 mins

# PREPARATION FOR TRANSFER CHECKLIST

□ Emergency airway equipment inc. AmbuBag
 □ Secure IV access x2 with long extension connected to allow fluid / drug administration
 □ Sufficient volumes of infusion drugs and rates checked
 □ Emergency drugs including osmotherapy
 □ Sufficient portable O₂ for whole journey x2
 □ Sufficient battery life on monitor and infusion pumps
 □ Case notes, blood results, observation and prescription charts photocopied
 □ Images sent to receiving unit via PACS
 □ Satisfactory restraint (protect C-spine!)

Receiving unit notified of departure

V1.0.4 J Tyler / B Fule, July 2016

Review June 2019